



2024-25 Season Information

Membership Pricing

Junior Members (Nippers)

- Under 6s and Under 7s - \$100
- Under 8s to Under 14s - \$150

Senior Members

- Active (patrolling) - \$20
- Associate (official support role) - \$50
- General (**nipper parents**)- \$20

Yearly memberships expire on the 30th of April.
Nipper season is 16 weeks (8 weeks pre-xmas, 8 weeks post-xmas).

How to Join/Renew

To become a member, you need to follow the online process, including payment:

1. Join / Renew

- New members go to the JOIN SLS page sls.com.au/join
- Renewing members go to your Members Area account - members.sls.com.au

We require at least one adult membership (General or Active) as part of Nippers registration. This membership will be the primary contact for the family group.

Additional generic SLSA membership instructions available here
<https://help.sls.com.au/join/SLSA-How-to-Join-or-Rejoin-Club.pdf>

Due to changes in the management of the Active Kids vouchers, you may need to email the code to admin@saltsurfclub.com.au and we can adjust payment as needed.

www.service.nsw.gov.au/transaction/apply-active-kids-voucher

Uniform and Manual Sign-on Day 2024

A face-to-face sign-on and uniform purchase opportunity for the 2024/25 season is

Saturday 28th Sep, from 11am to 1pm.

The **online membership process is by far the easiest and fastest way to become a registered member**. You can join online and then come to the first nipper activity day to purchase swimmers and ask questions if that suits.

Nipper Age Categories

Listed below are the age groups that junior members will be in for the 2024/25 season if they are born between the following dates:

- U6* - 1st October 2018 to 30th September 2019
- U7 - 1st October 2017 to 30th September 2018
- U8 - 1st October 2016 to 30th September 2017
- U9 - 1st October 2015 to 30th September 2016
- U10 - 1st October 2014 to 30th September 2015
- U11 - 1st October 2013 to 30th September 2014
- U12 - 1st October 2012 to 30th September 2013
- U13 - 1st October 2011 to 30th September 2012
- U14 - 1st October 2010 to 30th September 2011

* Note: Children must have reached 5 years before they can be registered. They can still start nippers after the season commences, as soon as they turn 5. This is a national standard. [Email us](#) to discuss options for 4-year-olds who will turn 5 during the season.

Nipper Season

2:30-4:30pm Saturday – generally on through rain, hail or shine!

- Arrive at 2.15pm for sign-on.
- Nippers briefing starts at 2:30pm
- Nipper warm-up starts at 2:40pm

Age manager briefing at 2:20pm; Water Safety briefing at 2:20pm

There will nearly always be something on, even when the beach is off limits. Some weeks we'll run activities at Cudgen Creek (south side towards the mouth) or at the Club House (first aid demonstrations, lifeguard talks, patrol role-plays, signage information etc.). Watch for an email, Facebook update and/or text message about Nipper change of venue.

Key dates

- 12 October 2024 Season begins – first activity day
- 13 October 2024 Pool proficiency @ Movement 9-11am
- 7 December 2024 Christmas breakup. Last day of Nippers before Christmas
- 18 January 2025 Return to Nippers
- TBA Feb 2025 Club Championships
- 15 March 2025 Last Nippers - Presentation Day

The Nipper program is always subject to ongoing adjustment and the above is a guide only.

Nipper Water Skills Evaluation 2024 (proficiency)

When:

- Sunday 13 October 2024 Pool proficiency @ Movement 9-11am (Casuarina)

Where: Casuarina Pool (Movement)

If your child attends squad swimming training, they can be evaluated by their coach. Download and print the evaluation form from our website.

<https://www.saltsurfclub.com.au/media/1552/pool-swim-assessment-proficiency-record-2023-2024.pdf>

What:

Swim and float proficiencies will be with Water Safety personnel who are on hand to assist and relax nippers, especially the younger ones. No one fails – we gain knowledge about your child's skill level and whether we need additional supervision for water activities.

- **Under 6:** From a standing position in waist deep water perform a front glide for 1-2 metres and recover to a secure position. Perform a back or front float for 5 seconds and recover to a secure position. Submerge to touch the bottom of water with both hands.
- **Under 7:** From a standing position in waist deep water perform a front glide for 2-3 metres and recover to a secure position. Perform a back or front float for 5 seconds and recover to a secure position. Submerge to touch the bottom of water with both hands.
- **Under 8:** 20 metre swim (any stroke) plus underwater swim 2-3 metres. Perform a back or front float for 5 seconds and recover to a secure position. Submerge to touch the bottom of water with both hands.
- **Under 9:** Survival stroke(s) breaststroke and/or sidestroke and/or sculling for minimum 50 metre. Front to back float or back to front float - 5 seconds each side. Tread water for minimum 1 minute. Submerge to touch the bottom of water with both hands.
- **Under 10:** Swim on front through water any stroke for 25 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or sculling for minimum 50 metres. Front to back float or back to front float - 5 seconds each side. Tread water for minimum 1 minute. Submerge to touch the bottom of water with both hands.
- **Under 11:** Swim on front through water any stroke for 50 metres followed by survival stroke(s) breaststroke and/or sidestroke and/or sculling for minimum 50 metres. Front to back float or back to front float - 5 seconds each side. Tread water and/or sculling for minimum 2 minutes. Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom of water with both hands.
- **Under 12/13:** Swim on front through water any stroke for 100 metres followed by survival stroke(s) breaststroke and/or sidestroke for minimum 50 metres. Front to back float or back to front float - 5 seconds each side. Tread water and/or sculling for minimum 3 minute. Submerge to perform forward or backward roll/somersault underwater, recover to surface, submerge to touch the bottom of water with both hands..

Nipper Carnivals & Salt SLSC Academy

As a young club, our focus has been on growing our Nippers program, however, there has been a massive increase in interest in Carnivals and we'd like to support and encourage any Nippers who are keen to participate. Kids can participate from 8 years old. Chat to your Age Manager. Join our carnival team and participate in the fun, friendly and electric atmosphere of racing, swimming, boarding and team events with other SLS Clubs in Northern NSW.

If your Nipper is keen, get them into swim squad and start board training. **Board training** information will be provided at the start of the season,

Juniors Carnival Calendar (draft as at Aug 2024):

- 19th Oct 2024 U12 – U17 - Cudgen
- 10th Nov 2024 JAC Carnival – Yamba
- 24th Nov 2024 JAC Carnival - Byron
- 14-15 Dec 2024 JAC Branch Champs - Cudgen
- 11th Jan 2025 JAC Teams Carnival

Nipper Uniforms

Minimum requirements

- Under 6s and 7s are required to wear a **green rashie and green surf cap**.
- Under 8s to Under 14s are required to wear a **pink rashie and competition surf cap**.

Surf caps must only be worn during Nippers. Once the parent or guardian has signed their Nipper out, the cap must be removed.

Other optional clothing and merchandise is available for sale including

- Swimmers – skins, speedo, bikini, one-piece, etc
- Trucker caps
- board shorts
- hoodie towels
- t-shirts

The uniform shop will be open during Nippers for the first few weeks. For any purchases after that, please speak to the Uniform Coordinator (ask at the Nippers BBQ) or email admin@saltsurfclub.com.au. Pricing on the website <http://www.saltsurfclub.com.au/the-club/merchandise/>

Please ensure your child has applied sunscreen and has a hat and protective clothing for before and after Nippers. They will also require a drink bottle.

Tanya and the team will usually have the shop open prior to nippers from about 1:30pm. They are always busy during the first several weeks of Nippers. We have an EFTPOS tap-and-go terminal, which we encourage you to use for ease of payment and accounting.

Parent/Guardian Involvement in Nippers

Parent involvement is **critical** to the success of any Nippers program. Assisting can be as easy as helping on the BBQ, carrying equipment, packing up gear or washing down boards. There's always someone available to guide and support you.

When you are a General club member (\$20), you are covered by SLSA insurance and allowed to handle equipment.

Parents and guardians of Under 6s and 7s are strongly encouraged to be involved during the session due to the larger numbers (previous experience in herding cats is an advantage!).

We strongly encourage all nipper parents complete the Age Manager eLearning modules available through your Members Area account - members.sls.com.au

Stay Up to Date

In addition to emails from Surfguard there are a number of ways to stay up to date with what's happening around the club:

- **Facebook:** <https://www.facebook.com/SaltSurfClub/>
- **Facebook Group:** Follow the link from our Facebook page or search for Salt Surf Club Members
- **Salt Surf Club Nipper newsletter**
- **Instagram:** <http://www.instagram.com/saltsurfclub/>
- **Website:** <http://www.saltsurfclub.com.au>
- **SLSNSW Club Mail** - subscribe at www.surflifesaving.com.au/resources/club-mail

Questions? Send an email to: admin@saltsurfclub.com.au

Our Patrol Season 24/25

The start of the patrol season is **28th September 2024**.

Senior Skills Maintenance

SLS NSW has introduced the new Surf Rescue Certificate (SRC) and Bronze Medallion manual. An electronic version of the 35th Edition training manual has been released and is available for online purchase in the Members Area for \$10. Once purchased you can access the manual via the SLS Publications App which you'll need to download to any smart device. For a one-off cost you will always have an up-to-date manual to reference, and I recommend doing it.

Award holders will receive an email from etrainu LMS which indicates that you have been allocated online training for Skills Maintenance 2024/2025 Bronze Medallion Theory and contains a link to access the Members Area.

If you have problems logging in, there is "Need Assistance" information at the bottom of that page to send an email or call 1300 724 006.

Once in, go to the top line and select eLearning. This will forward you to the eLearning Portal (it takes a few seconds). Then on the left-hand side of the page select My Training scroll to the very bottom of the page to Skills Maintenance 2024/2025 Bronze Medallion Theory and click VIEW.

There are 7 sections to complete, some of which will highlight the changes to the content of the SRC Bronze training. The system automatically saves where you are up to so that you can complete the training bit by bit in your own time. You will see the Status as Not Started or Complete as you tick them off and you will receive an email as confirmation of completion. Please note the Start button of often right at the bottom of their pages!

Proposed Senior Proficiency dates

- Done on Patrol

Training Opportunities for adult members

Age Manager

Consists of an online course plus on-the-beach technical and mentoring sessions during nipper activity days. The online course is also ideal for parents who would like to get a better understanding of the Nippers program. Course content available through eLearning section of your Members Area account members.sls.com.au. If you're a member, you will have a Members Area account with access to education resources and club documents.

Surf Rescue Certificate (SRC) / Water Safety Course

Covers the knowledge of basic patrolling and surf awareness in order to be able to participate in basic lifesaving operations. This course is also the minimum water safety qualification for Junior Activity supervision. This is perfect for nipper parents.

Bronze Medallion/Cert 2 in Public Safety (Aquatic Rescue)

Covers the knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations. There is a bridging course available to upgrade from SRC to Bronze.

Again in 2024-25, Salt SLSC will delivering the SRC and Bronze courses in a more practical and condensed format (including intensive weekends). The first courses are likely to be November.

Further Training

Once you have achieved your SRC or Bronze there are many opportunities for further training and specialization including Beach Management, first aid, IRB and more.

Positions Available

Salt Surf Club depends entirely on volunteers to run and we always welcome new faces to help out. Anyone who would like to put their hand up to assist will receive support and training. The following positions are either currently available or are looking to transition to a new holder over the coming season. If you'd like to find out more or express interest, email admin@saltsurfclub.com.au.

- **Club Secretary**
- **Sponsorship and Fund-Raising team**
- **Age Managers**
- **Marketing Manager**
- **Carnival Manager**
- **Raffle Helpers**