



JUNIOR PROGRAM OVERVIEW 2019/20

COMMITTEE STRUCTURE

Club Management Committee

President	- Greg Lovett	(33 Years SLS)
Vice President	- Rob Blyth	(32 years SLS)
Secretary	- Ben Clements	(22 years SLS)
Captain	- Craig Mandall	(31 years SLS)
Treasurer	- Chris Gunther	
Junior Activities	- Kristian Clear	
General - Robin McGilligan, Darren Clark, Jodie Payne		

President – Greg Lovett / Vice President – Rob Blyth

Secretary
Ben Clements

Captain
Craig Mandall

Junior Activities
Kristian Clear

Treasurer
Chris Gunther

Registrar
Leanne Blyth

Training Team
Brent Lethbridge

Junior Committee

Victor Popov
Simon Beck
Dee Cross
Matt Hall
Adam Wright
Rebecca Langdon
Brent Lethbridge
Sam Colman

Assistant Treasurer
Mike Berard

Junior Secretary
Matt Hall

Patrol Manager
Jeff Smith

Media Manager
Kerry Gunther

Competition
Dee Cross

JUNIOR COMMITTEE STRUCTURE

- Junior Committee – 6th year of operation at Salt
- Broad responsibilities around junior program facilitation and development

Kristian Clear - Junior Activities Coordinator

Age Manager
Coordinator
Adam Wright

Carnival Manger
Dee Cross

Water Safety
Supervisor
Holly Clements

Junior Secretary
Matt Hall

Age Managers
2 x Age Group

Water Safety Team
Bronze/SRC holders
1:5 ratio required

Setup team
Setup/packup

Officials
Level 0 or 1

WHY ARE YOUR KIDS HERE?

To learn beach, sun and surf safety

Get confidence in the water

Play with their friends, make new ones

Awareness of the environment they live in

To have fun

Be part of the community

These are all excellent reasons, but what about...

To save someone's life?

"I let her lie on my board for a minute or two so she could catch her breath. I swam alongside her back to shore. She asked me if I was a lifeguard because I was so calm. I'd told her I'd done nippers, she thanked me. What I did, I would do for anyone in trouble. I have the skills to save people and I'm so grateful to nippers for giving me those skills."

Ben Lorentson, aged 11 - (27/09/16)

WHAT IS SALT NIPPERS

We are educating and training the Lifesavers of the future.

KEY FEATURES OF LIFESAVING

- Leadership and social development
- Confidence building
- Decision making and teamwork
- Fitness and physical activity
- Life saving and first-aid skills
- Environmental awareness

We do this within a context of community service and enjoyment.

**Creating good citizens and
responsible young adults**

SO, WHO RUNS THIS SHOW

Club Committee

- 9 member panel

Junior Committee

- 8 member panel, JAC reports above

Age Managers

- 1 award qualified, with 1-2 assistants

Water Safety

- qualified parents (SRC/BM) and other members

Water Coaches

- qualified Level 0 or 1

Beach Coaches

- qualified Level 0 or 1

Carnival Officials

- qualified Level 0 or 1

- We mostly started as Nipper parents, perhaps just like you
- We have varying levels of surf life saving experience
- Our education pathway continues

WATER SAFETY

- Safety is our number 1 priority
- Water Safety assessment and briefing before Nippers
- Only SRC/Bronze Holders can wear orange vests
- Minimum 1 to 5 ratio – prefer 1:2
- Water safety supervisor controls water arenas
- Patrol Captain has ultimate control of beach
- Each Age Manager has safety and rescue plan

ACTIVE SAFETY MONITORING

- IRB in the water dedicated to Nipper surveillance
- Nippers IRB is independent to the patrol IRB but Patrol IRB can be used.
- Dedicated observer (active patrolling, preferably) in the patrol tower with binoculars focused on the Nipper water activities with radio.
- The Water Safety Officer on the beach communicating with the tower and IRB and doing head count for Nippers entering and vacating water.
- Nipper water areas as close to the tower as possible and practical.
- Swim areas up-sweep of patrol area

SATURDAY NIPPERS RUNDOWN

- 1:00pm – Setup team – boards out, flags arena raking, swim cans, BBQ
- 1:40pm – Risk Assessment - Water Safety Supervisor and Patrol Captain
- 1:45pm – Age Managers Briefing – Age Managers, Coaches and WSS
- 1:45pm – Nipper Sign-on opens
- 2:00pm – Parents briefing – Activities Coordinator
- 2:05pm – Report to Age Managers
- 2:10pm – Nipper Warm up – with Water Safety team and Victor
- 2:15pm – Activities begin from board, swim, flags, sprint, wade, lesson guides, team events, games
- 3:30pm – Sign-off for U6 and U7
- 4:00pm – Sign-off for U8 to U14

**Surf, tide and beach conditions
will always dictate what the
program involves**

NIPPERS TRAINING STRUCTURE

U/6 and U/7 members (the green caps)

- Participate in Salt Nipper activities through fun games-based activities.
- Their learning outcomes are about their own safety.
- The end result is that coming to the beach is fun.

SALT SLSC

Always weather dependant – Safety comes first.

Flexible and adaptable program

NIPPERS TRAINING STRUCTURE

U8 to U14 members

- This is the start of the traditional nippers format – future life savers
 - The start of organised water activities and becoming surf safe
 - Main sporting activities are flags, swim, board and general fitness
 - Educational program designed by SLSA
 - Age Managers are trained to deliver the program
 - Highly adaptable to conditions and abilities
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- We may have some joint-training sessions with Cudgen and Caba
 - We will go to the creek sometimes in time of large swell, or for a change
 - We will be indoors sometimes doing education activities.

CREEK ACTIVITY DAYS

- We will have nippers scheduled at the creek several times during the season
- Our partners, Watersports Guru will provide water activities
- Very popular with kids and adults.
- A great opportunity to practice rescues

SALT SLSC

AGE MANAGERS

1. The captain of the team – all-rounder
2. Age Manager briefing before each nippers
3. Ensure all Nippers are signed on by parents
4. Beach Ready – Sun screen, caps, pink vests, drinking water
5. Move Kids from area to area
6. Assist station coaches with equipment and reinforce learning activities where possible
7. Manage kids behaviour to avoid disruption
8. Manage competitors at carnival activities

Nippers cannot function without Age Managers

Course available through your Members Area account

WHY WE HAVE ASSOCIATE MEMBERS

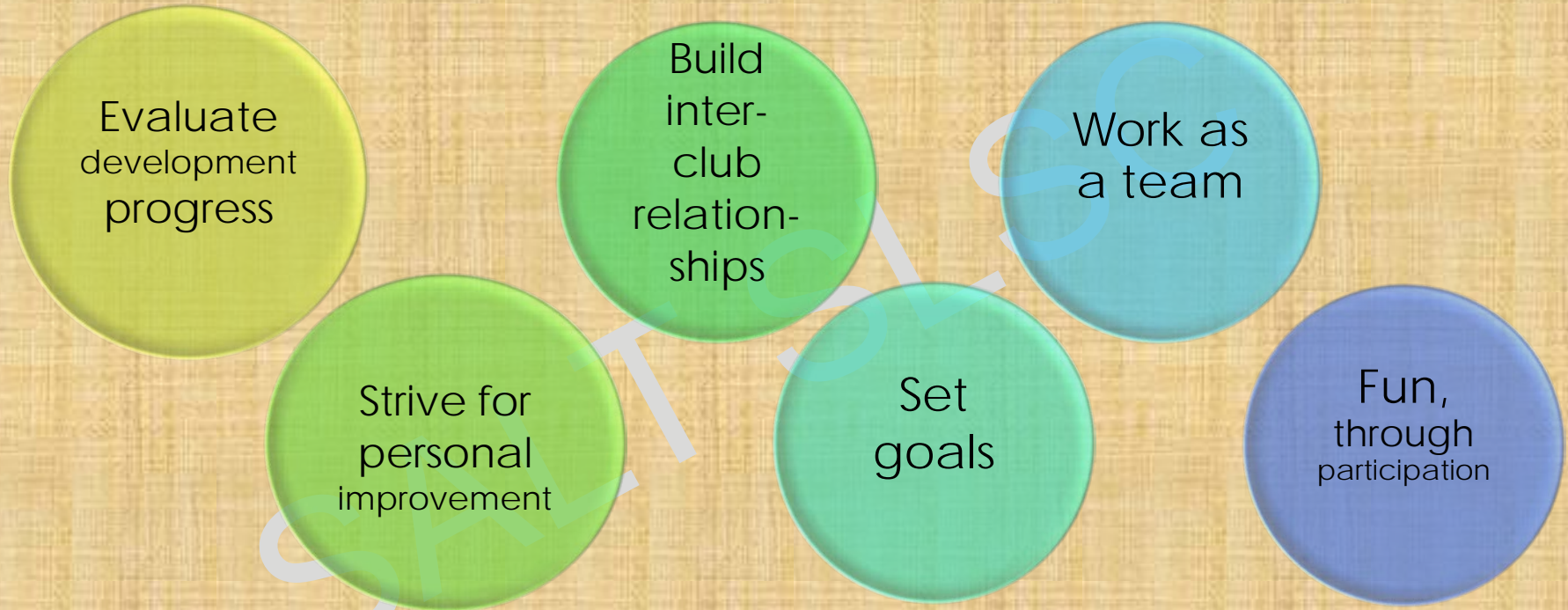
General Member of SALT SLSC - \$20

- This covers you under our insurance
- You have signed a Member Protection Declaration
- You can access the clubhouse
- Become a recognisable part of our tribe
- Participate in the nippers program
- You can undertake free training in life saving skills
- Be actively involved with your kids education
- Feel really good about yourself

We will teach you!! We have educational
and practical pathways to develop your
skills and confidence

WHY WE DO CARNIVALS (U8-14)

This is more than a sporting activity



We need to evaluate our skill development in a meaningful setting
Dee Cross is our carnival manager

PARENTS

- Ensure 'signing on & off' – we need to know
- Only members can assist with nippers - placing flags; recording; collecting boards; water bottles
- Parents without SRC/Bronze can get in the water up to waist depth but are not officially water safety.
- Let the kids enjoy the day, don't put too much pressure on them – positive encouragement
- Help Age Managers with behaviour monitoring
- Report any issues. (Kristian, Greg, Rob or Ben, etc)

PARENT PATHWAYS

- New Salt Parent (you may be here?)
- Salt Support Crew (General member)
- Age Assistant
 - > Age Manager
- Bronze or SRC
 - > Water Safety/Patrol
- Junior Coach
 - > Level 1 Coach > 2, 3
- Junior Official
 - > Level 1 Official
- First Aid
 - > Patrol
- Advanced Resuscitation > Patrol
- Many, many more

- YOU ARE A PART OF THIS TOO.
- SURF LIFE SAVING RELIES ON FAMILY INVOLVEMENT.
- SET AN EXAMPLE.

SLSA AGE MANAGERS COURSE

ONLINE COURSE

Training course available through your Members Area account

<https://members.sls.com.au>

Membership>Courses>eLearning



On-beach mentoring sessions at nippers

Become part of the support team

The club needs more qualified female Age Managers

- At least 1 qualified for each age group
- Course available through SLS Members Area

LIFESAVER TRAINING COURSE

- Free to members
 - Setting an example
 - Personal development
 - Taking ownership
 - Helping with kids education
- Express courses available for nipper parents (3-week average)
 - Express In-depth proficiency available for previous award holders
 - Email Brent at training@saltsurfclub.com.au for more info

BBQ

The BBQ is a source of income for the junior program. As such we are always looking for assistance with the BBQ each week.

- Set Up
- Serving (assist tong masters Bill and Gary)
- Wash Up

This is a popular activity and a great way to assist the club and meet new people

ADDITIONAL TRAINING

We propose to offer additional training sessions at various times throughout the season

- **Board Training**
 - Various locations, including Cudgen Creek, Salt Beach, Kingscliff Beach
 - Coaching from various specialists
- **Sprint/Flags Training**
 - Sprint sessions on Salt Park
 - Incorporates fitness, speed and power for all sports
- **March Past Training**
 - On lawns of the Salt
 - Positions are highly coveted due to ongoing success.
- **Parent training**
 - “Fun 400” at Kingy pool, each Wed 6pm



We highly recommend swim squad training at the Casuarina Pool.
(Billabong Swim School)

RESOURCES

Club Resources

- Salt Website
 - <http://www.saltsurfclub.com.au>
- Team App – Smartphone App
 - (install it, join the Salt Surf Club team)
- Private Facebook Group
 - “Salt Surf Club Members”
 - Used for Patrol swaps, social photos, club information, community news

Social Media

- Facebook – Public Page
 - <http://www.facebook.com/SaltSurfClub>
 - Please “Like” this page to get news feed
- Instagram - @SaltSurfClub
- Google+ - Salt Surf Life Saving Club

SUMMARY

- A Surf Club is part of the fabric of a good community.
- Club is only 14 years old – we need to continue to grow membership numbers in all areas.
- We run a local program for a local beach – it takes time to grow
- Help us build a culture for the local Salt and Casuarina area.
- Parental involvement is the key to successful programs at all clubs.
- Encourage your neighbours to support the local beach.
- You get out of it what you put in to it.
- Thank you for being part of it.

Questions to admin@saltsurfclub.com.au