

## Salt Preliminary Evaluation Sessions

- Tuesday 11th October 2016
- Thursday 13th October 2016



**Location:** Casuarina Rec Club Pool, from 5:45pm (after swim squads finish)

### SLSA Junior Evaluations and Education National Guidelines.

|                          | Preliminary Evaluation  | Competition Evaluation   | Surf Education Awards  |
|--------------------------|---|--|--|
| Under 6<br>Surf Play 1   | From a standing position in waist deep water perform a front glide and recover to a secure position.<br>Perform a back or front float holding a buoyant aid and recover to a secure position.   |  | Surf Play 1  |
| Under 7<br>Surf Play 2   | From a standing position in waist deep water perform a front glide, kick for 3m and recover to a secure position.<br>Perform a back or front float for a few seconds and recover to a secure position.  |  | Surf Play 2  |
| Under 8<br>Surf Aware 1  | 25 metre swim<br>(any stroke)<br>1 minute survival float  | Nil<br>(no water competition, except for wade which takes place in waist deep water)   | Surf Aware 1   |
| Under 9<br>Surf Aware 2  | 25 metre swim<br>(any stroke)<br>1 minute survival float  | Minimum 150m open water swim<br>(competition course as per competition manual)         | Surf Aware 2   |
| Under 10<br>Surf Safe 1  | 25 metre swim<br>(freestyle)<br>1 1/2 minutes survival float  | Minimum 150m open water swim<br>(competition course as per competition manual)         | Surf Safe 1  |
| Under 11<br>Surf Safe 2  | 50 metre swim<br>(freestyle)<br>2 minutes survival float  | Minimum 288m open water swim<br>(competition course as per competition manual)         | Surf Safe 2  |
| Under 12<br>Surf Smart 1 | 100 metre swim<br>(freestyle)<br>2 minutes survival float   | Minimum 288m open water swim<br>(competition course as per competition manual)         | Surf Smart 1   |
| Under 13<br>Surf Smart 2 | 150 metre swim<br>(freestyle)<br>3 minutes survival float   | Minimum 288m open water swim<br>(competition course as per competition manual)         | Surf Smart 2   |
| Under 14<br>SRC          | 200 metre swim<br>(freestyle, in less than 5 minutes)<br>3 minutes survival float   | Minimum 288m open water swim<br>(competition course as per competition manual)         | Surf Rescue Certificate  |
| Assessors                | Delegated authority as per the SLSA Circular No. 108/15-16.   |  |  |
| Notes                    | Every junior member is required to participate in this evaluation, conducted by the club, prior to any junior water activity training or competition being undertaken. Any child that does not meet the required evaluation level will require a higher level of supervision when involved in water based activities at the discretion of the club. | The competition evaluation must be achieved before any members are eligible to compete | Every junior member should achieve the relevant Surf Education Award appropriate to their age group. |